

## HOW TO

# Clean Green

Here are some easy ways to make your household cleaning more environmentally friendly - not to mention cheaper and safer for you and your family. You may find you already have a lot of the common household items you need to get started.



## WHAT YOU'LL NEED

- Aluminium foil
- Bicarb soda
- Eucalyptus oil
- Cleaning white vinegar
- Lemons
- Olive oil
- Pure soap
- Washing soda

**Save money and  
reduce packaging  
by buying the  
essentials in bulk**



## LAUNDRY RECIPES

### PRODUCT

### GREENER ALTERNATIVE

Fabric softener

Use 1/2 cup white vinegar in place of fabric softener, It can also be used to clean the washing machine.

Laundry powder

Make your own by mixing 1 bar of pure soap (grated) with 1 cup washing soda, 1 cup bicarb soda, 1/2 cup citric acid, and 1/4 cup epsom salts.

Mould, smell and bacteria remover

Add 1 cup vinegar to a bucket of warm water and soak clothes overnight. For pillows, doonas and blankets, air in the sun to kill bacteria and dust mites.

Stain remover

Put eucalyptus oil in a spray bottle, spray stain, then wash as normal. Good for removing grease, chewing gum and stubborn stains.

Wool wash

Use eucalyptus oil when washing wool garments to deter silverfish and moths.

Have a question about waste?  
Call the Recycling Hotline on  
**9384 6711** and ask our experts!



 **Western  
Metropolitan**  
Regional Council  
*Managing waste wisely*

Managing waste wisely for

**Town of Claremont | Town of Cottesloe  
Town of Mosman Park | City of Subiaco  
Shire of Peppermint Grove**

## HOUSEHOLD CLEANING RECIPES

### PRODUCT/NEED GREENER ALTERNATIVE

Carpet cleaner	Deoderise by sprinkling bicarb soda on carpet before vacuuming. Remove stains by wetting the stain and sprinkling with bicarb soda. Use a toothbrush to agitate the stain and then vacuum once dry. Repeat as necessary.
Clean chopping boards, BBQs and sinks	Rub with a cut lemon.
Descale kettle/urn	Fill kettle with equal parts vinegar and water, boil and leave overnight. For heavy scale, add some tartaric acid.
Deodorise fridge	Put a saucer of bicarb soda in fridge to absorb bad smells (you can use the soda for cleaning afterwards).
Oven/stovetop cleaner	Remove all trays, racks, oven dishes and crumbs from oven. Create a paste by mixing 7 tbsp of bicarb with 4 tbsp of water. Coat oven with bicarb paste and leave for 12+ hours. Use a damp cloth to wipe out bicarb soda, then spray and wipe oven with vinegar until shiny.
Silverware cleaner	Line your sink or a baking pan with aluminium foil. Cover with bicarb soda. Fill with 6cm near boiling water. Fully immerse your silver making sure that they are in full contact with the foil and aren't touching each other. Leave for a few minutes until tarnish disappears, then rinse with cold water and dry gently with a soft cloth.
Bathroom cleaner (including ceramic surfaces)	Wipe surfaces like shower tiles or bathtubs with straight vinegar, then sprinkle bicarb soda over the surface. Scrub with a cloth or soft brush and rinse.
Floor cleaner	Tiles and laminate: Mop with 1 part white vinegar to 1 part warm water. Wooden floors: Mop with 1 part white vinegar to 8 parts warm water.
Toilet cleaner	Pour a cup of vinegar into the bowl and leave to sit overnight. In the morning, sprinkle bowl with bicarb soda and scrub well, then flush.
Glass cleaner	Shower door: fill a spray bottle with 1 part white vinegar to 1 part water, then spray and squeegee. Windows: dilute 1 part white vinegar to 2 parts water in a spray bottle and clean with crumpled newspaper.

### *Did you know?*

Empty containers of toxic household cleaning agents are considered hazardous waste and cannot be disposed of in your kerbside recycling bin. They can be dropped off for free at the West Metro Recycling Centre.