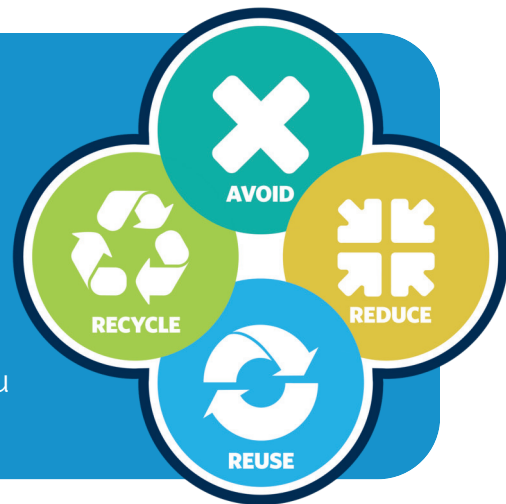


HOW TO

Make your own skincare essentials

Avoid excess hard-to-recycle packaging and make your own gentle and effective skincare products at home. It's easy, and you may already have many of the ingredients in your pantry.



Moisturiser

INGREDIENTS

- 150ml rosewater
- 30g unbleached beeswax (grated)
- 180ml extra virgin olive oil
- 8 drops rose or geranium essential oil*



METHOD

1. Gently heat the rose water in a glass bowl in a hot water bath
2. In a separate bowl or pot, combine the beeswax and oil, then gently heat in a double boiler until liquid.
3. Remove both bowls from the heat and slowly pour the rosewater into the blended wax and oil. Mix with a stick blender until combined.
4. Add the essential oil and stir.
5. Before the liquid cools and sets, pour into clean jars or tins.

You can use an ordinary cheese grater to grate the wax. Clean it by pouring boiling water over it and wiping with a kitchen towel.

Lip balm

INGREDIENTS

- 4.5 tablespoons unbleached beeswax (grated)
- 7.5 tablespoons jojoba oil*
- 1.5 teaspoons honey



METHOD

1. Melt the grated beeswax and oil in a double boiler on the stove.
2. Remove from heat when smooth and stir in honey thoroughly.
3. Pour into small pots or jars and leave to cool.

Have a question about waste?
Call the Recycling Hotline on
9384 6711 and ask our experts!



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MAKE YOUR OWN

Deodorant bars

INGREDIENTS

- ¼ cup bicarb soda
- ¼ cup cornflour
- 2 tablespoons coconut oil
- 20 drops essential oils*

METHOD

1. Mix equal parts bicarb and cornflour
2. Add (liquid) coconut oil - you may need to microwave it for a few seconds to melt it
3. Add your essential oils and mix well
4. Pack into a silicone mould or ice cube tray and refrigerate

USAGE

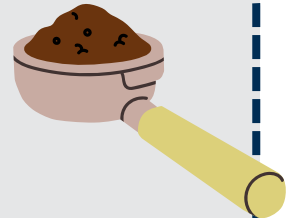
Keep in a jar or on a saucer and rub the deodorant bar on underarms. It will need to be kept in the fridge in summer.



Coffee scrub

INGREDIENTS

- ½ cup coffee grounds
- ¼ cup sugar
- ¼ cup salt
- ¼ cup coconut oil (melted)
- ½ tsp vanilla extract
- 2-3 drops essential oils* (optional)



METHOD

Simply combine all ingredients in an airtight container and mix well.

USAGE

Use in the shower as a whole body exfoliant. Rinse well after use. Will last longer if stored in the fridge.

Foaming cleanser

INGREDIENTS

- ¼ cup liquid castille soap
- ¼ cup distilled water
- 1 tsb jojoba oil
- 10 drops tea tree oil
- 10 drops lavender oil

METHOD

Combine all ingredients in a foaming pump bottle and mix well
This multi-purpose cleanser kills germs but is gentle on the skin and can be used as a face cleanser, hand soap, body wash, shaving cream, or dish soap!

*Note

Essential oils are natural, but they can be dangerous if used incorrectly. Please research the oils you intend to use.

